

07/15/2013

<b>Nutrition Facts</b>	
Serving Size (31g)	
Servings Per Container	
<b>Amount Per Serving</b>	
<b>Calories</b> 110	Calories from Fat 5
% Daily Value*	
<b>Total Fat</b> 0.5g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
<b>Cholesterol</b> 15mg	5%
<b>Sodium</b> 135mg	6%
<b>Total Carbohydrate</b> 25g	8%
Dietary Fiber 0g	0%
Sugars 11g	
<b>Protein</b> 2g	
Vitamin A 0%	• Vitamin C 0%
Calcium 0%	• Iron 4%
Thiamin 6%	• Riboflavin 4%
Niacin 4%	• Folate 6%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000    2,500
Total Fat	Less than 65g    80g
Saturated Fat	Less than 20g    25g
Cholesterol	Less than 300mg    300mg
Sodium	Less than 2,400mg    2,400mg
Total Carbohydrate	300g    375g
Dietary Fiber	25g    30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

**INGREDIENTS:** Bleached Enriched Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Brown Sugar (Sugar, Invert Sugar, Cane Molasses), Rolled Oats, Partially Hydrogenated Soybean and Cottonseed Oils, Sugar, Cinnamon Nuggets, Salt, Leavening (Sodium Bicarbonate, Sodium Aluminum Phosphate), Lecithin, Solac 100, Cinnamon Powder, Natural and Artificial Flavor.

Contains Wheat and Soy Ingredients. Made on equipment that also makes products containing milk and eggs.

Serving Size: 1/4 Cup (37g)

One, 4 inch cookie

Serving per Container: 24

Net Wt. 2 lb